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Artistic touch

Art Crawl draws supports from all over
Page 5

Funny stuff

Laughter is the best medicine
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Great skate

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Boy hit by truck

Two-year-old expected to recover
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IMPORT NEWS

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■ CANADIAN BLOOD SERVICES

Blood saves lives

MARYANNE FIRTH
InPort News Staff

WELLAND — It's a slogan that flows: Blood — It's in you to give. You'd be hard pressed to find ears that haven't heard the catchy phrase, invented by Canadian Blood Services to pump up donations of the vital fluid that saves countless lives every day.

But once blood makes its way from the veins of a donor,

where does it go?

Blood is typically utilized within five days of being collected, said CBS community development co-ordinator Tammy Maroudas.

After being collected at a donation clinic, it travels to the national blood reserve in Brampton where it is tested and transported to hospitals across the country.

see BLOOD | 4



MARYANNE FIRTH Staff Photo

Blood donor Clark Peddle receives a new T-shirt promoting blood as the best renewable resource after donating at a recent Canadian Blood Services clinic at Riverstone Event Centre.

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■ BLOOD

Summer can be a challenge

FROM PAGE 3

Niagara Health System has an inventory of 300 units of blood on any given day, said lab manager Rosanne Frassetto, who oversees transfusion medicine for the organization.

Blood is delivered from the CBS lab in Brampton five times a week to hospitals across the NHS.

Each hospital has a set inventory of blood, in various types, kept on hand based on usage, which is regularly reviewed to determine need. Need mainly depends on the types of surgeries or procedures performed at each site and what they typically require, she said.

If an emergency arises and more blood is needed, product can be shared between the NHS sites or brought in from the national blood reserve.

To protect its fragile state, blood is stored on site in a special temperature-controlled fridge, complete with an alarm that sounds if temperatures fluctuate too much or a door is left open too long.

When doctors put in orders for patients who require transfusions, a blood match is found, checked to be a match and then labelled and set aside for use.

Three unique identifiers are used to ensure the patient is given the correct blood order — their name, hospital

HOW MUCH BLOOD TO SAVE A LIFE?

Cancer patients: 3 to 8 units per week

Brain surgery: 4 to 10 units

Heart surgery: 2 to 25 units

Accident victims: 50 to 100 units

Liver transplant: up to 100 units

Bone marrow transplant: up to 2 units per day

number and date of birth.

"The blood is checked at various stages," Frassetto said, adding it is crossmatched several times before a transfusion actually takes place to ensure the correct unit of blood is going to the correct patient.

"It's very important to have the right patient with the right product at the right time. There's lots of checking, all the way through."

Blood transfusions can be required by a wide range of patients, she said, and are often used in the emergency department and oncology and surgical units.

Prior to surgery, patients are encouraged to eat certain foods that are high in iron

and are given a list of technical actions they can perform to build up their hemoglobin, said registered nurse educator Monica Hlywka. This lessens the need for a large transfusion and assists with blood conservation, she added.

While it's not unheard of for Canadian Blood Services to experience a shortage, it is very rare, said Frassetto. Niagara Health System has experienced little issue getting blood when needed and fast, particularly because of the ability to share between hospital sites.

But this does not decrease the need for blood or the need for new and active donors.

Hlywka has championed the Partners for Life program at the NHS, which has seen the organization teamed up with CBS since 2010.

A blood donor herself, she wanted to encourage her coworkers to take on the challenge of helping to save lives outside of the workplace.

Along with regularly e-mailing colleagues across the health system and encouraging them to become donors, Hlywka also helps to set up "What's your type?" booths to generate interest.

The NHS, in conjunction with CBS, recently held blood donor clinics in Welland, Niagara Falls and St. Catharines for all staff, volunteers, and their family and



MARYANNE FIRTH Staff Photo

Registered nurse educator Monica Hlywka has been encouraging Niagara Health System staff to donate blood through Canadian Blood Services, even setting up clinics for staffers to do so.

friends.

"It's in you to give and it's easy to do," Hlywka said, adding she would like to make the summer NHS clinics an annual occurrence.

Summer can be a challenge when it comes to finding blood donors, Maroudas said, especially with vacations and

other obligations throwing off routines.

"Often times people don't know, but there's a constant need for blood," she said, adding that need does not decrease during the warmer months.

"The need is constant, especially over long week-

ends. Often times people get into car accidents, so the need is great. It could be cancer patients, trauma victims, burn victims, a number of diseases. The need is always there."

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■ DOWNTOWN PORT COLBORNE

Art Crawl draws people from all over

InPort News Staff

PORT COLBORNE — There was plenty to see and do in downtown Port Colborne Saturday night during the third annual Art Crawl with more than 50 locations hosting artists, musicians and hands-on art activities.

Gail Todd, Art Crawl committee member and owner of Something Else, was thrilled with the turnout.

Residents who came out to take in the event were joined by people from across the region and beyond, including a bus load of people from Kitchener-Waterloo.

"It's a success because it's a nice, simple, street festival of artists, artisans, dancers, singers and business neighbours working together to present something fun and artful for people to see and do. Merchants who did well had an artist and/or musician inside or outside, and engaged people with activities out on the sidewalk," Todd said.

"There were plenty of things to see and do, activities and make-and-take projects, for free, or for nominal fees."

Out in front of her store, people were encouraged to pick up a brush and paint on two pieces of canvas to create a community mural.

On the wall of the Bargain Shop, visitors could write a message under the *My Wish ... My Dream* already chalked in large letters. They could see the works of such painters as Garrett Bartscher, Putzy Madronich, George Sanders and Wendy Malowany or view pictures taken by photographers Teagan Workman, Pam Koudijs and Amber Nicole Tallman.

There were musicians on the streets as well as in various restaurants and businesses. A group of women, called Sing Niagara, performed alongside the Welland Canal as ships went past.

"The event gave visitors a chance to discover the charm of downtown Port Colborne, as they ventured into store after store to check out the art and event specials. Attendance was up over last year and merchants and artists alike were impressed with the event," said downtown marketing co-ordinator Jeff Ballin.



DAVE JOHNSON Staff Photo

Sing Niagara performs alongside the Welland Canal as the John D. Leitch passes by on Saturday.

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■ COLUMN

Demonstration essential for growing disciples

PASTOR JEEVA SAM

Morgan's Point and Forks Road East United Churches

No trip to the Maritime region of Canada would be complete without a feast of lobster, steamed and eaten straight out of the shell. Just over a month ago, we found ourselves at The Waterfront Warehouse on Lower Water Street, Halifax, eagerly awaiting our first stab at a "lobsteriousness".

The nurse, I mean, waitress, first brought us our surgical armamentarium—a disposable bib and finely crafted, sophisticated equipment made of non-surgical steels glorified nutcracker and a curious looking instrument known as a lobster fork (which looked neither like a lobster nor like a fork).

This was followed by detailed instructions on how to perform the delicate surgery, accompanied by diagrams condensed on one side of a paper placemat.

As the waitress, I mean, nurse, brought us the order, Solesina (my wife), asked her if we were going to get a demonstration on how to perform the operation.

Her expressive smirk spoke volumes: "Why would we do that and deprive ourselves the fun of watching you all make a fool of yourselves?" She simply walked away.

So there we were, left to our own devices with a steaming hot lobster, two implements, a set of written instructions and a bib.

Let me spare you all the sorry details by simply saying that it was not a pretty picture. I can't explain how this happened, but my glasses did double duty as landing strips for flying specks of lobster meat. I guess I did around my bib high enough (and without my head, that is).

It took a lot longer than we'd anticipated, but suffice it to say that we got every penny's worth of the 2495 coppers it cost per lobster.

As we took off our soiled bibs, I could not help but wonder how wonderful it would've been to have at least one person in our party who knew how to do it properly. They would demonstrate. We would simply follow suit. It would've saved us all some time, effort and energy.

Ever wonder why Jesus did not simply leave a set of instructions for His disciples to follow, along with a couple of tools?

He knew that once He showed them how to do everything—from teaching and preaching, healing and driving out demons, raising the dead, spending quiet time with the Father and handling challenges from the religious leaders—they were in a much better

position to not only learn how to be disciples, but also go on to be disciples who would show others how to be disciples.

That process He began has continued nonstop down through the ages and brought us to the place where we too can be counted as His followers 2000 plus years later.

This is one of the greatest blessings of being part of His body, the Church. We are never without someone who can demonstrate how to follow Jesus.

Who has been such a demonstrable influence on your life? Was it someone from your biological or adopted family? A parent, grandparent, sibling, cousin, uncle or aunt? Perhaps it was an elder, a Sunday School teacher, pastor or someone else from your church family.

Would you take a moment right now to give God thanks for the critical role they played in your development? If they are still alive, perhaps now is a good time to give them a call or send them a card expressing your gratitude.

We are often quick to acknowledge those who led us to make a decision which resulted in our new birth into the family of Christ. Make no mistake about it! They deserve honour.

But those who provided demonstration of how to grow as His disciples are equally worthy of our appreciation. Amen?

■ COLUMN

Might as well laugh; nobody's getting out alive



WILLIAM THOMAS

HUMOUR

On what was once a peaceful planet and now appears to be our solar system's biggest crime scene—the world is in need of humour. It's a big world and as hard as he tries, Mayor Rob Ford can't do it all by himself.

Whereas laughter was once a bit of a bonus, it is now a vital ingredient to a bapier, healthier life. No longer a luxury, laughter has become a necessity today.

Given the complex workings of the human body, the immediate benefits of a good bout of laughter are quite remarkable. First the heart rate drops

and blood pressure eases off. More oxygen is added to the blood and then, endorphins are released in the brain characterized as a natural high. A calmness takes over the brain assisted by the fact that when you're laughing you can't possibly be worrying.

Studies show that laughter boosts the immune system helping to fight off infection. People who laugh a lot get fewer colds and have a higher tolerance of pain because of the immunoglobulin produced in the process.

But it's got to be a good laugh, eh? Not a tepid ha ha—"don't bend over in the garden Granny, you know them taters have eyes"—kind of laugh. This is the kind of belly-laugh you get while retelling the story of how your husband while teeing off at the Humane Society Golf tournament took a mighty swing, ripped his pants, fell down and made a noise that frightened the "Adopt Me Dog of the Week." When you make that

snorling noise and root beer comes out your nose, the health benefits of laughter are definitely in high gear.

Dr. Madan Kataria of Mumbai, India, believed laughter played such a vital role in boosting the morale of people living in the slums of Mumbai that he started a laugh club. Each person brought a piece of humour and the hysterical response of the group produced better benefits than therapy. Today there are a thousand laugh clubs around the world and over fifty in Canada. Laughter being immediately contagious, jokes are no longer needed.

They just might, fall down laughing and go home happy.

In the workplace, laughter lightens the mood and boosts morale, thus reducing stress. Humour in a place of business creates camaraderie among employees and wards off burnout.

see THOMAS | 7

■ ourview

Vow on turbines rings hollow

"The Kathleen Wynne government is revamping the controversial approval process for large wind and solar projects to give municipalities a much greater voice."

That was then (the end of May). This is now.

You said in a recent article that it wasn't clear yet if those recent changes announced by the minister of energy would solve the turbine problem. I can tell you first hand that, no, it won't.

That was Wainfleet Ald Betty Knoc.

Knec goes on, "Their [the Wynne government's] so-called 'let's talk about this and we want to work with communities' was just a media bite, nothing else. 'I am part of the multi-municipal group of elected officials that sat down in early April to figure out the best way to help fix' the GEA [Green Energy Act] and its components. We came up with some great recommendations that would have calmed and soothed the rural communities, we believe, but, no, they are not having any of it."

Currently there are two turbine projects proposed for the municipality Knec represents. Wainfleet Wind Energy proposes to build five turbines in two locations.

The second project, by Niagara Region Wind Energy, would see five turbines in Wainfleet.

Wainfleet is just one of dozens of rural communities that don't want wind turbines rammed down their throats by developers, assisted by the provincial government.

As many of them suspected, the deck continues to be stacked against rural Ontario.

Before giant turbine developments could be approved, there was always a requirement that developers hold discussions with communities.

But those discussions were one-way, with developers telling communities what they planned. Communities had no say.

Soon after Premier Wynne was elected by her party to lead the province, she promised a new day on wind turbines. Communities would even have veto power over wind developments, she said.

Knec argues that it's not how things have worked out.

"They [the government again] are saying that those projects in the queue have to be approved because they have been awarded a FIT [feed in tariff] contract with OPA [Ontario Power Authority], but this is simply not true, they are twisting the truth as usual."

It's clear it's going to be the same old, same old, with rural Ontario left out in the cold.

And how do some municipal leaders help out that? Here's Betty Knec again:

"Are we pissed? You bet we are. This announcement does nothing and is too little too late."

■ THOMAS

Humour is perilously subjective

FROM PAGE 7

Acting as an emotional stimulant, laughter at work in measured doses can't help but increase productivity and longevity of employment. Most employees rate a pleasant and happy work environment higher than a wage increase when listing reasons they like their job.

But you have to be very careful. Humour is perilously subjective. As

American humourist Ray Blount Jr. was fond of saying: "A good joke is like a heffy sneeze. If it's any good at all, somebody's going to get some on their face."

The working title of *Margaret And Me*, a book I wrote about my wee Irish mother was: All Humour Needs A Victim And Your Mother Should Come First

see THOMAS | 9

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■ THOMAS

The best victim of any humour is always yourself

FROM PAGE 7

I changed the title because at 88 years of age, she threatened to get a lawyer. We settled out of court. Yet part of that title 'all humour needs a victim' is true.

Choose your victims wisely. One workplace study shows that 70% of jokes told in the workplace mock their co-workers' age, sex or weight. This not only defeats all the benefits of laughter, the real butt of the joke, yours, will find itself in a real bind.

The best victim of humour is always you. Self-deprecating humour, poking fun at yourself is a solid and safe form of humour.

"Sorry about all that waving," said Jerry Seinfeld. "I couldn't control my arms. I shouldn't have been at that meeting. I was just a puppet in there."

The next best victim is us. All of us. Observational humour that takes all of us to task for our human foibles is safe by inclusiveness.

The biting satirist Mark Twain was funny but inoffensive because he (owed) standard. "Familiarity," said Twain, "breeds contempt ... and children."

Twain's stress-reducer? "When angry, count to four. When very angry, swear."

Looking at the state of the world, then and now, no words ring truer than Twain's take on people. "Man is the only animal that blushes. Or has need to."

To get more laughter in your life and humour in your workplace, be creative. Some hospitals in the States have "humour carts" full of everything from rubber chickens to water pistols to remind the sick that fun should be part of their healing program. Some corporations have "humour rooms" with comedy videos, gags and humour tapes to give their employees a quick jolt of laughter instead of

caffeine. The U.S. Digital Equipment Company has deputized a "grouch patrol" whereupon happy employees put on big red noses and swarm the office of the cranky guy.

Proudly, Canada funds a group called "Clowns

Without Borders," high powered executives who on their own time and dime, don clown costumes in war zones around the world to teach children how to smile and laugh again.

Laughter, a weapon of mass resurrection. Nearly

a century and a half ago, President Abe Lincoln understood the benefits of humour. "Gentlemen," he said to his cabinet members, "Why don't you laugh? With the fearful strain that is with me night and day, if I did not laugh, I should die."

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■ **RECREATION:** Port Colborne officially opens nautical-themed park for 'boarders and BMXers

Lock 8 skatepark welcomes youths

SARAH FERGUSON
InPort News Staff

PORT COLBORNE — Aaron Sherri has been waiting for a safe place to ride BMX bikes since he just a kid growing up in the 1990s.

Now a professional rider, the Welland man visited Port Colborne's Algoport Skate and BMX Park at Lock 8 Park on its grand opening day, Sunday.

The event included a barbecue, displays, performers and live music.

Sherri, 27, said he is pleased to see a safe skatepark in the region where kids can go to have fun.

"I came from Welland, and the skatepark there is filled with metal ramps which aren't so safe," Sherri said of the skatepark behind Welland Arena.

"I'm super happy with this park. It's amazing," he said of the lakeside city facility.

While practising tricks at Algoport, Sherri said he hopes to act as a role model for youngsters looking to learn how to ride.

"This park is just what we need."

It keeps the kids from riding on the streets and out of trouble."

Mayor Vance Badawey said the skatepark has been a long time coming and wouldn't be possible without the help of the mayor's youth advisory council "who really pushed for the skatepark."

"I'd like to express my appreciation on behalf of council to the youth council from the present and the past who worked so hard to make this happen."

The features of the new ship-shaped park include flat and ramped concrete surfaces, rails, ledges, stairs, jumps, a spectator zone, rollers and gang-plank entry paths. It also features areas for beginner, intermediate and experienced skaters and riders.

Badawey said the skatepark is an important addition to the community because it shows how Port Colborne welcomes residents of all ages.

"It's a community where everyone belongs. A great place for youngsters, young families, and youngsters at heart."

sarah.ferguson@sunmedia.ca
Twitter: s_ferguson25



SARAH FERGUSON Staff Photo

Aaron Sherri came to the opening of Port Colborne's new skatepark Sunday to try a few tricks on his bike.



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Child in stable condition

No additional information was provided by police.



A crowd gathers around as Port Colborne firefighters and an unknown male tend to a boy, believed to be three, who was hit by a truck at the corner of West and Kent Sts. late Thursday afternoon. The boy was rushed to Welland hospital with unknown injuries.

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THURSDAY JUNE 27

GNOCCI DINNER
from Casa Dante (back door) from 3 p.m. to 6:30 p.m. or until food lasts. Dinners are \$10. Takeout only. Sauce, meatballs, minestrone soup and pasta fagioli are also available for takeout.

SATURDAY JUNE 29

GIFTED HANDS ART SHOW
at 502 Memorial Dr., Fenwick, 10 a.m. to 6 p.m., to benefit Salvation Army. Several artists are involved.

TUESDAY JULY 2

WIN
(Widows Information Network) meets in the cafe at Faith Tabernacle (Fitch St. and South Pelham Rd., Welland) 7 p.m. to 9 p.m. (doors open at 6:30). Our speaker will be real estate agent Cynthia Robins on the topic of condos. This is our fourth anniversary so come and celebrate. Tea and coffee provided. No charge. All widows welcome.

WEDNESDAY JULY 3

WELLAND EASTDALE ALUMNI
will be holding their July meeting at Sparrow Lakes Golf Course, 105 South Pelham Rd. at 7 p.m. Visit www.eastdalealumni.com for more information on our upcoming golf tournament and Atlantic City trip. All past students and teachers are invited to attend.

THURSDAY JULY 4

LIONS CARNIVAL
until Sunday, July 7, in Port Colborne at 1200 Killaly St. Rides, games, nightly bingo, raffles, great food, fresh cooked doughnuts and waffles. Friday is Unlimited Ride Night — \$25 for a wristband that entitles you to unlimited rides. Coupons are \$15 each, and are only available until July 1. For further information, call Rob Wells at 905-835-1824.

SUMMER CONCERT SERIES
featuring the Port Colborne Concert Band starts at H.H. Knoll Lakeview Park bandshell, 7:30 p.m. to dark, under direction of Brenda Fairchild Green.

SATURDAY JULY 6

7TH WELLAND PATHFINDER
and Ranger group is hosting a bar-

becue and garage sale to fundraise for its international trip. Please come out and support the Girl Guides from 8 a.m. to 1 p.m. at Fabricland, 34 Douglas St., Welland.

SUNDAY JULY 7

BIG CAR TRUNK SALE
Rent your space at Pelham Public Library for \$20 per car and sell your own stuff from 9 a.m. to 1 p.m. Beverages available. Register at the library in person for a space. A fundraiser of The Friends of the Pelham Public Library.

MONDAY JULY 8

NIAGARA BEEKEEPERS
Association meets at the Niagara

vided. Location: Upstairs at Bethel Community Centre at 2703 Chipewauke Rd. Port Colborne. Classes run 9:30 a.m. to noon. Doors open at 9 a.m. Cost: \$75 for the week. Register by calling Denise Hesler at 905-899-1215.

ONGOING LISTINGS

SIGN UP FOR SUMMER ACTIVITIES
and crafts now and throughout the summer. The Summer Activity Flyer is available on our Website as well as these locations: Library, City Hall, Port Cares, and Early Years.

TD SUMMER READING CLUB. GO!
Explore near and far at the library this summer! Read books, earn

tion, contact Lisa at 905-834-9354.

ONE-ON-ONE COMPUTER LESSONS. Saturday mornings at the Library. Lessons geared toward your interests. Topics include: email, Facebook, Twitter, blogging, and more. Call the Library at 905-834-6512 for an appointment. Cost: \$10.00 per person per one-hour lesson. Pre-registration required.

ART IN THE LIBRARY on display in the Atrium. Bounteous Botanicals: Digital Prints by Derek Richards.

palps.ca.

COMPUTER LESSONS
offered one-on-one at Port Colborne library, Saturday mornings. Lessons geared toward your interests. Topics include e-mail, Facebook, Twitter, blogging and more. Call the library at 905-834-6512 for an appointment. Cost: \$10 per one-hour lesson. Pre-registration required.

TD SUMMER READING CLUB
at Wainfleet Township Public Library runs July 2 to Aug. 9. It is divided into three age groups. Each child comes to one session per week. Registration forms available in the library or online. Completed registration forms must be returned to the library to reserve your child's spot. Sessions fill quickly. No phone registrations permitted. Clubs also offered at Welland and Port Colborne libraries.

ADVENTURE DAY CAMPS
Kids between the ages of six and 11 get ready for exciting outdoor adventures at Ball's Falls Conservation Area. Niagara Peninsula Conservation Authority presents Adventure Day Camps at Ball's Falls from July 1 to Aug. 30. Each week features an exciting theme, nature hikes, games and crafts. Camps take place from 9 a.m. to 3 p.m., Monday to Friday, and extended hours are available for an additional fee. Registration fee is \$120 a week or \$30 a day, family discounts are available. For more information or to register call 905-562-5235 ext. 21, or visit ballfalls.ca.

NIAGARA REGIONAL LITERACY
Council assists adults in improving their reading, writing, grammar, math, spelling and computer skills and provides GED preparation and readiness for work programs. Our literacy and essential skills programs are free of charge and can be done through one-on-one tutoring or small group classes. Located at 3 Great Western St., attached to the St. Catharines Via train station. Call Pat at 905-687-8299 for more information.

KNIT WITS

Work on your present project while spending time with other knitters. All levels. Crocheters welcome. Knitting tips will be shared at each session. Fridays from 1 p.m. to 3 p.m. Cost: \$2. Drop in at Pelham Public Library.

PROGRESSIVE EUCHRE

every Tuesday 7:30 p.m. at the REX hotel, King St., Welland, \$5 a person. Everyone welcome.

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Regional Police Service community room, 5 Lincoln St., Welland, at 7 p.m.

MONDAY JULY 15

ART CAMP WEEK
Port Colborne Art Club is sponsoring the week ending July 19. Morning classes are open to 16 students aged 7 to 12. Cartooning, drawing as well as painting with watercolours and acrylics will be taught. All supplies will be pro-

vided. For ages 3 to 13. Reading Club registration continues throughout the summer.

THRIFTY LIVING SOCIAL CLUB
AND COUPON SWAP. Meets the last Monday of the month at 6:00 p.m. Next meeting, July 29, 2013. Coupon swaps, thrifty living tips, guest speakers on healthy living and general interest topics. Free for adults of all ages. Refreshments provided. For more informa-

tion, contact Lisa at 905-834-9354.

ST. VINCENT DE PAUL STORE
open on Saturdays, 10 a.m. to 1 p.m., thanks to new volunteers. Weekday hours are 10 a.m. to 4 p.m.

POINT ABINO LIGHTHOUSE
Guided tours are offered the second and fourth Saturday of the month between 10 a.m. and 1:45 p.m. Departure from 1036 Point Abino Rd. S. Ridgeway, next to the Bertie Boating Club. Further info at www.forterie.on.ca or www.forterie.on.ca.

■ SUMMER

Planning is well underway for Pelham Summerfest

For PelhamNews

It's hard to believe that Pelham's third annual Summerfest is now only two months away. The preparation for Summerfest 2013 is well under way and the volunteer committee is in the crucial stages of the planning.

The festival, which is set to descend on downtown Fonthill from July 18 to 21, takes a great deal of dedication and hard work by the volunteer committee to plan and implement, but it also relies heavily on community involvement, including contributions from local and area businesses.

"Summerfest is a coming together of the residents of the community and surrounding population to celebrate the summer and the spirit of Pelham with an essentially free event. The festival offers complimentary entertainment and a wide variety of free activities for the whole family. This year we're expecting over 15,000 people to visit the downtown," said Gary Accursi, Summerfest committee chair and Pelham town councillor. "But, this event is only possible through the generosity of our local and surrounding business community and the citizens of Pelham."

Summerfest organizers are actively recruiting sponsors now. "The earlier a business signs up as a sponsor, the sooner that business will obtain the benefits of being affiliated with Summerfest," Accursi stated. "That includes having their business name and website linked on the Pelham Summerfest website."

Several local and area businesses have already signed on as sponsors and some have committed to participating in the naming opportunities. This means they have their business name partnered with a specific event taking place during Summerfest. There are numerous event-naming opportunities available, and are included for those making donations at the Silver, Gold, Platinum and Diamond levels. Naming opportunities include the main stage, entertainment venues, the bike rodeo, the family fun walk, community breakfast and the beer and wine garden.

"Sponsorship of Summerfest is essential to its success," Accursi said. "That means partnerships with businesses, but it also includes anyone who is interested in assisting in any way they can, whether by volunteering or financially."

All residents, business owners and professionals may become a "Friend of Pelham Summerfest" or enroll in the "Corporate Sponsorship Program." Any and all levels of financial contribution will be gratefully accepted and acknowledged on the Summerfest website. Information for becoming a "Friend of Pelham Summerfest" or signing up for the "Corporate Sponsorship Program," including forms and instructions for online donations, can be viewed on the Pelham Summerfest website (www.pelhamsummerfest.ca).

Contributions can be made securely on-line using a major credit card or PayPal account. Otherwise, please make your cheque payable to the Town of Pelham and call (905) 882-2607 extension 341 when the cheque is ready for pick-up; sponsorship recognition begins upon receipt of funds or Committee's approval of services in kind.



SUPPLIED PHOTO
Fonthill Dental is sponsoring this year's Pelham Summerfest. Pictured from left, Christine Twardawsky, Amie Rogers, Dr. Louis Albanese, Carla Langerberg and Sarah Krenz.

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■ **INFRINGEMENT:** Wyldewood Surf Club emblem affixed to merchandise sold through Target, Amazon

Local surfing group's logo swiped

DAVE JOHNSON
Import News Staff

PORT COLBORNE — While looking for toddler clothes in a Target store in Virginia, Megan Lucente

stumbled across a child's hat with a logo on it. It was that of Wyldewood Surf

Club, something Lucente would know to see, says Matt Roy, vice-president of the local surfing group. Lucente's aunt, he says, is Molly Schaus, sister of the late Magilla Schaus, one of the founders of the surf club which counts Canadians and Americans as members.

"She (Lucente) took a picture and forwarded it to the club," says Roy, whose mother and uncle were also founding members of the club on Lake Erie. Once the image made its way to club members, a Google search was started and the hat, with the club logo, was found on the Amazon website.

"It was listed as a Santa Cruz fedora, available in red or blue. The logo was identical in every way, except they changed the colours."

Roy says both Target and Amazon were contacted about the logo, which was trademarked in 1967 in the United States when the club was founded. The trademark was transferred to Magilla Schaus when he became club president in the '90s.

Attempts were also made to contact a "B. Majors," who was listed as the seller of the hat.

"Club members were very upset that someone was making a personal gain from this product as if it were something the club would be doing."

Roy says if the club were to put its logo on something for sale, the funds would be going back into the lakes, whether for beach cleanups, beach safety classes or meet-and-greets to gain exposure for the lake surfing community.

"Back in 1967, it was decided that only members would be allowed to sport the logo, whether it be stickers or apparel. It's about the love of what we do and who we are, not making money. We want people to see our logo and associate that for the people we are and what we do for our communities. When we clean the beaches, we always wear our stuff. By keeping the logo and stickers within the club, we can control how we are represented, and by whom."

Roy, a club member since 1993 and vice-president since 2009, says as belonging to one of the oldest surf clubs on the Great Lakes, Wyldewood members take pride in holding many of the same values their founders did.

"We carry on the traditions of trying to keep the lakes clean, protecting our breaks from land development and pollution, and over the years, we have been active with trying to save the sand dunes. This



Supplied photo

Wyldewood Surf Club members are upset to find out the club logo was used on a hat for sale at Target in the U.S. and online at Amazon, without their permission.

all comes from funding, something very close to what is currently being taken from us by these corporate giants."

He says a simple search by the companies would have shown Wyldewood's logo in its original form and added whoever came up with the design was lazy and uncreative.

Once the club knew about the hats, Roy contacted Amazon, Target and Grand Poobah, an Amazon seller.

"Grand Poobah and Amazon immediately responded, and promptly pulled the product from their sales pages."

The Tribune also contacted all three companies for response — only Amazon and Grand Poobah replied. In its response, Grand Poobah indicated the item was removed and no longer for sale. Amazon's public relations manager sent an e-mail saying it "takes reports of intellectual property and trademark rights infringement seriously and encourages anyone who feels infringed upon their rights provide information to our copyright and trademark agent."

Roy says Target had old him the matter is being investigated, but has yet to tell him what is happening. He has not been able to track down B. Majors.

"Not that we would have agreed, but if we were contacted at the onset of all this, we may have agreed to a rendition of our logo being used in exchange for a donation to the club to use for beach/surf events," he says.

dave.johnson@sunmedia.ca

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■ **COLLISION:** Section of Prince Charles Dr. closed — but cars bypass police by cutting through plaza



DAVE JOHNSON Staff Photo

A Niagara Regional Police collision reconstruction unit officer photographs the scene of a collision between a 2001 Harley-Davidson motorcycle, in back, and a 2004 Toyota Sienna van, at the intersection of Prince Charles Dr. and Ontario Rd. on Thursday morning.

Port Colborne motorcyclist, 30, injured in Welland crash

DAVE JOHNSON
InPort News Staff

WELLAND — A 30-year-old Port Colborne motorcyclist was airlifted to Sunnybrook Health Sciences Centre in Toronto after suffering serious injuries in a crash last week at the intersection of Prince Charles Dr. and Ontario Rd.

Niagara Regional Police Const. Derek Watson said the crash happened at 8:15 a.m. and involved a 2001 Harley-Davidson motorcycle and a 2004 Toyota Sienna van. Police, paramedics and firefighters responded to the crash, which forced closure of the intersection for hours.

Police said in a news release that the northbound motorcycle rider entered the intersection as a 40-year-old Welland woman was southbound on Prince Charles Dr. and attempting to turn east onto Ontario Rd. Police said the woman began her turn and the motorcycle struck the front side of the van, ejecting the rider from the bike.

He was taken to Welland hospital and then taken by air ambulance to Sunnybrook, where he was last listed in stable condition. The driver of the car was not injured.

Police have not released names.

While the road was closed between

“It’s a huge danger to the officers out there.

They’re not expecting a vehicle to come through. There could also be debris and potential evidence on the road.”

Niagara Regional Police Const. Derek Watson

Federal Rd. and Lincoln St., Watson sent messages out on Twitter warning drivers to stay away from the area, and one reminding motorists not drive around police barriers set up on surrounding roads.

With St. Charles Plaza at the corner of Lincoln St. and Prince Charles Dr., Watson said people were cutting through it to get to Prince Charles, bypassing police.

“It’s a huge danger to the officers out there. They’re not expecting a vehicle to come through. There could also be debris and potential evidence on the road,” Watson said.

The collision remains under investigation. Witnesses are asked to contact police at 905-735-7811, ext. 5500.

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■ **SENIORS ISSUES:** June is elder abuse awareness month

Golden years tarnished

ALLAN BENNER
InPort News Staff

PORT COLBORNE — Seniors should be able to spend their remaining years living comfortably and worry-free.

Not as victims. "They're not rich," says Jack O'Neill, a Niagara Elder Abuse Prevention Network board member. "But they should be able to live comfortably, without having to worry about what's going to happen tomorrow and just enjoy their lives."

O'Neill, 79, knows of plenty of seniors who are enjoying their golden years. He's one of them. He just returned from a vacation that took him on a cruise along Alaska's coast.

But O'Neill also knows of far too many who will live their remaining years

in poverty, often having fallen victim to people whom they trusted above all others.

In the two weeks since returning to his Port Colborne home, and his office at the Friends Over 55 Social Centre, O'Neill says he's received five phone calls — desperate pleas for help from seniors across Niagara who have in some cases seen their life savings pilfered away.

"They can't buy food, buy personal-care items or pay bills," he says.

O'Neill was at Port Colborne city hall last Friday participating in a flag-raising ceremony in recognition of World Elder Abuse Awareness Day.

As an "ambassador" with the Niagara Gatekeepers program, O'Neill reaches out to seniors who have

been victimized, offering them support and assistance.

Jo O'Brien, acting project director for the network, says seniors fall prey to many kinds of abuse such as verbal or physical. But most often, the abuse is financial, she adds.

"And the problem is getting worse."

"It's really staggering in terms of the level of abuse that's happening out there," she says, adding that the number of cases of which the organization is aware "is only scratching the surface."

O'Neill says it's troubling enough that strangers are targeting seniors for scams.

For instance, he said seniors may be asked for a deposit for services like home repairs, but "as soon as they take their money, they're gone."

But often it's not a stranger who's scamming them — it's a trusted family

member.

In cases like those, he says, "Your own family becomes your worst enemy. You're own family!"

"As much as you love your family, your child, your son or daughter, they'd end up in jail for what they've done. But you love that child and you trust that child. And yet, they're scamming you to no end," he says. "Die can't wait for you to die to get your money."

And those adult children shouldn't need their parent's money, anyway, O'Neill says.

"At this time in their lives they should have enough money of their own and be helping their parents," he adds.

O'Neill knows of a few cases in which seniors have been left homeless — their houses sold off by family members they trusted enough to give them power of attorney over their estates.

SENIOR AT RISK

- Up to 10% of Ontario's 1.6 million seniors have reported some form of elder abuse
- Seniors with dementia are 2.25 times more likely to be victims of abuse

WHAT TO LOOK FOR

- Changes to personal appearance, including poor hygiene
- Deteriorating home condition, such as neglected repairs
- Decreased ability to handle money or pay bills

HOW TO HELP

- People who know of seniors who may need help can refer them to Niagara Gatekeepers at 905-684-0968

"It happens," O'Neill says. "We've had four in the Niagara region, and there are more that we don't know of."

But far more often, seniors find their bank accounts emptied by a trusted relative.

"That's done every day. There have been quite a few situations out there," O'Neill says, adding he is aware of a few instances that are now part of a Niagara Regional Police investigation.

O'Neill says society was very different when the seniors of today were growing up. Back then, he says, people had respect for others.

But now — "There's no respect left."

Even the little ones

now, a lot of them have no respect for seniors they see on the street."

While O'Brien agrees with O'Neill about the changing society, she says there are other factors at work.

"With some people, there's a sense of entitlement. Like, if I'm caring for a parent then I'm entitled to money to do this," she says.

"That sort of altruistic approach — you care for one another with no strings attached — is sort of going."



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BUSINESS PROFILE

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Lasik ProVision is the Niagara Peninsula's only comprehensive refractive centre which deals with the treatment of common visual disorders. The centre was founded in its current location in 1999 and has evolved to a state of the art refractive centre with a global reputation for the laser correction of nearsightedness, farsightedness and astigmatism. It is a world leader in bringing the treatment of Zeiss Laser Blended Vision for the treatment of presbyopic "reading glasses vision" to North America. In addition, the centre specializes in the treatment of cataracts and corneal disorders such as keratoconus.

Founder and medical director, Dr. Andrew W. Taylor, is one of North America's leading ophthalmologists in the use of excimer lasers in refractive surgery. He obtained his medical degree from the University of Toronto in 1991 and went on to complete a specialty residency in ophthalmology, also at the University of Toronto. He then went on to complete subspecialty training in corneal and refractive disorders. He has completed over 100,000 refractive procedures including Lasik, photorefractive keratectomy and cataract surgery to date. In addition to his directorship role at Lasik ProVision, Dr. Taylor is an active staff member of The Niagara Health System in the Department of Ophthalmology.

Lasik ProVision has evolved in its current location from its original incarnation as Lasik Vision, which brought affordable Lasik eye surgery to North America. Dr. Taylor restructured Lasik Vision in 2001 as a founding principal and owner of Lasik MD, which then went on to expand refractive clinics across Canada. In 2006, Dr. Taylor left Lasik MD to focus on more customized patient eye care. In addition to his base clinic in Niagara Falls, he underwent an international expansion to London, England, Brussels, Belgium and the United States. Currently, in addition to his work in Niagara Falls, Dr. Taylor is involved in the development of a comprehensive ophthalmic centre in Toronto.

"What is exciting now in refractive laser eye surgery is the safety of the procedure and the range of treatment options now available for patients. It is rare that a patient cannot benefit from refractive surgery," says Dr. Taylor. "The greatest development in recent years has been the use of the femtosecond laser for the creation of the flap upon which the Lasik procedure is based. Not only does this create a thinner and more uniform flap which leads to better optical outcomes, it alleviates the need for a blade and cutting microkeratome which was for many patients the biggest hurdle preventing them from having refractive Lasik surgery. The safety factor is so great, I no longer utilize the microkeratome blade in Lasik eye surgery". Dr. Taylor has extensive experience on several laser platforms. "While we started with the Bausch and Lomb platform in 1999, the industry has moved forward to provide greater customization for the unique optical errors of each individual patient. At Lasik ProVision, we have the Wavelight Allegretto platform but we are increasingly shifting to the Zeiss Meditec MEL 80 platform with the VisuMax femtosecond laser. "This platform in my belief delivers the optimal reshaping of the cornea to maintain the natural corneal shape for optimal optical correction and customization. Zeiss laser Blended Vision is unique in the treatment of presbyopia or "reading glasses vision". It is the only excimer laser platform that predictably increases the range of vision so patients can see at near, intermediate and far without the loss of stereovision. This is truly exciting. Previously, and on other laser platforms, we could only treat with monovision with one eye corrected for far and one eye corrected for distance. This left patients with a loss of intermediate vision and reduced stereovision. It worked, but Zeiss Laser Blended Vision works so much better."

What is the future of refractive surgery? "The future is continuing to refine the refractive outcome with ever safer and less invasive procedures. I am very excited that within the next year, we will begin to fully utilize the femtosecond laser's potential, going beyond the creation of better flaps to conducting the entire laser procedure within the cornea without a flap. This may sound like science fiction, but it is a reality and I am honoured that Zeiss has chosen to partner with Lasik ProVision in Niagara Falls to bring this technology to North America.



DR. ANDREW W. TAYLOR
M.B. FRCSC, Dip. L.D.
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What is the future of refractive surgery? "The future is continuing to refine the refractive outcome with ever safer and less invasive procedures. I am very excited that within the next year, we will begin to fully utilize the femtosecond laser's potential, going beyond the creation of better flaps to conducting the entire laser procedure within the cornea without a flap. This may sound like science fiction, but it is a reality and I am honoured that Zeiss has chosen to partner with Lasik ProVision in Niagara Falls to bring this technology to North America.



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4:30-7:00 pm Ann Chaplin
8:00-10:00 pm The Reklaws

SUNDAY, JUNE 30, 2013

12:00 pm-10:00 pm Food & Wine Vendors
1:00 pm-3:30 pm Gatorbait
4:30-7:00 pm Willer James
8:00-10:00 pm Jersey

MONDAY, JULY 1, 2013

12:00 pm-10:00 pm Food & Wine Vendors
1:00 pm-3:30 pm Steve Burnside
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5:00-7:00 pm Ty Baynton
8:00-10:00 pm Lp3
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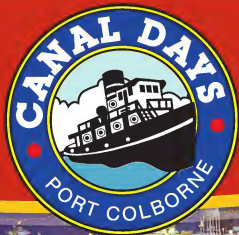
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■ **TALL SHIPS:** Pennsylvania vessel makes rest stop in Port Colborne

DAVE JOHNSON Staff Photo

The U.S. brig Niagara sits along West St. in Port Colborne on Saturday. The tall ship out of Erie, Pa., is a familiar visitor to the city.

Getting Niagara ship-shape

InPort News Staff

PORT COLBORNE — The U.S. brig Niagara continues to draw people to Port Colborne's waterfront when it docks along West St.

People were taking photos and just admiring the War of 1812 tall ship Saturday as crew members were working in its rigging.

Other crew members were out sunning themselves, or walking along West St.

The brig served as a relief flagship for Oliver Hazard Perry, who commanded the American fleet on Lake Erie during the War of 1812. Perry's flagship, the *USS Lawrence*, was heavily damaged in the battle on Sept. 10, 1813, and he switched command to the *USS Niagara*. From the deck of that ship, he defeated Royal Navy ships on the lake.

The *Niagara* has been to Port Colborne for Canal Days

Marine Heritage Festival in the past and stopped numerous times in the city on its way to other ports. The ship serves as an ambassador for the state of Pennsylvania and operates as a sailing school vessel, as well.

It is part of the Tall Ships Challenge Great Lakes 2013 tour and was on its way through the Welland Canal for a stop at the Redpath Waterfront Festival in Toronto, where it was joined by other tall ships.

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LYME DISEASE: WHAT MAKES IT TICK?

As temperatures begin to finally rise across southern Ontario after several weeks of gloomy weather, many Niagara residents are eager to bring out their summer wardrobe.

However, it doesn't take long before we quickly remember that along with the summer heat comes the return of mosquitoes, spiders, and ticks. In Ontario, most residents are well informed about the illnesses mosquitoes can spread and ways of protecting yourself. But how informed are we about ticks?

There are many different species of ticks; however, the one that is of concern is the blacklegged tick, also known as the deer tick. This sesame seed sized tick can be the host to the bacteria that can cause Lyme disease, which, if untreated, can result in arthritis, heart problems, and various nervous system problems. The American brown dog tick is approximately half a centimeter and has not been shown to carry Lyme disease.

The Niagara region has a high concentration of ticks, especially in the areas surrounding Lake Erie. The Niagara Health Department recommends wearing pants and long sleeved shirts when walking in wooded areas to minimize the chances of a tick bite.

If you notice a tick has attached to your skin, it should be removed immediately by grabbing the head with a pair of tweezers and pulling straight up. Do not try to burn the tick off of the skin using a match or lighter. The area should be then be washed with soap and water. If you are unable to remove the entire tick, you should give your doctor a call and they can remove it for you. The tick can be brought to the health department for analysis to see if it was infected with the bacteria that causes Lyme disease.

Ticks often pick up the bacteria that cause Lyme disease while feeding on infected rodents. However, it should be noted that most ticks are not carriers.

The majority of people who are bitten by ticks do not develop Lyme disease, however if you notice a red bulls-eye rash on the skin, develop a fever, headache or muscle and joint pains, you should seek medical attention. The symptoms typically develop within 1 to 2 weeks of a bite. Lyme disease can often be cured with antibiotics if treatment is started early.

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■ ENVIRONMENT: Wainfleet school boasts Ontario EcoSchool silver designation



SARAH FERGUSON Staff Photo

St. Elizabeth Catholic Elementary School students, from left, Alicia Spies, Allyssa Mollison, Jessica Staton and Katelynn Shiels highlight their eco club's eco tree. The tree, made from construction paper, lists all of the club's past, present and future eco-friendly initiatives.

St. Elizabeth eco club into the green scene

SARAH FERGUSON
InPort News Staff

WAINFLEET — With a silver designation under their belts from the Ontario EcoSchool Awards, the eco club at St. Elizabeth Catholic Elementary School knows a thing or two about improving the environment.

Over the year, the eco club has led a number of environmentally initiatives including a nature walk to raise awareness for the environment, choosing not to use plastic bags during May, hosting a schoolwide eco-activity day and eating litter-less lunches, said teacher Andrea Easton.

Students also helped to collect hundreds of littering cups and juice boxes which were made into bags and other items, she said.

The eco club concluded its environmentally friendly activities Friday afternoon with a presentation from Niagara Peninsula

We need to share the environment with all the other species that are out there."

Niagara Peninsula Conservation Authority fish and wildlife technician Tom Staton

Conservation Authority fish and wildlife technician Tom Staton.

He told Grade 6, 7 and 8 students that there are 36 conservation authorities in Ontario which help to regulate the development in natural areas.

The students learned about ecosystems, wetlands, aquatic environments and the types of animals that live in Wainfleet and the environment they require to live.

Staton told the students the goal of his presentation was to let them know how important it is to protect the environment and the animals that rely on it.

"We need to share the environment with all of the other species that are out there," he

said.

Katelynn Shiels, a member of the school's eco club, said it's important to keep the environment safe.

"We have to protect the environment because otherwise we wouldn't be able to grow our own plants and vegetables," she said.

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■ **CCAC:** The 'greying boom' has already arrived in Niagara

Meeting a growing demand

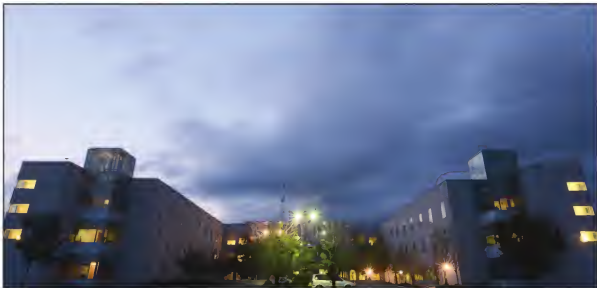
ALLAN BENNER
InPort News Staff

WELLAND — While there's always room for improvement, the lineups of people awaiting placement in long-term care homes aren't as bad as they've been made out to be.

While there are about 1,200 people waiting for placement within Niagara's 3,549 long-term care home beds in 31 homes, Barbara Busing, vice-president of clinical operations for the local Community Care Access Centre, said more than half are already living in long-term care homes.

"In the Niagara area, we had 602 people either (living) in their own homes in the community, in a hospital ... and some from out of the area — 602 people who wanted into a long-term care home bed, and were eligible," Busing said. "On top of that though, there are 815 people who are already in a long-term care bed, but want to move to a different one."

see HOMES | page 24



While there are about 1,200 people waiting for placement within Niagara's 3,549 long-term care home beds, more than half are already living in long-term care homes, like Port Colborne's Northland Pointe, above. DAVE JOHNSON Staff Photo



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■ HOMES

Number of people waiting for placement in long-term care homes has decreased in the past few years

FROM PAGE 23

"It's about people having a choice... Sometimes the first option may not be the home that they want. You can keep your name on the waiting list and make a secondary move."

Although they may not be living in the facility they'd prefer to be in, Busing said those 615 people are still having their needs met. And sometimes, when a bed becomes available in their preferred facility, they very often say to us, "You know what, I really like where I am and I'm happy to stay here."

Meanwhile, she said the numbers of people waiting for placement in long-term care homes has decreased in the past few years, as more community resources become available to help people remain living within their homes longer.

"Programs like transitional care or convalescent care beds, rapid response nursing, those are all the kinds of investments that have been made so we can help people stay at home longer," she said, adding wait times for home care services are minimal.

"Most people want to stay in their homes. Before you consider whether or not you want to live in a long term care home, you want to make

sure you have maximized all your community resources."

That's something CCAC staff must consider when determining the level of care a client needs, and whether or not they need to be placed in a home.

But while those resources help people remain home longer, by the time clients require placement in a nursing home they're older and more frail than they would have been otherwise, she said.

And considering the increasing needs in the community, the CCAC is doing everything it can to meet the demand.

Busing said there are many programs and services available for seniors as well as their families ranging from convalescent care to retirement homes, "but is it enough?"

"The population is aging.... It's not a greying boom that's coming it's here already. We have the oldest population of all the Local Health Integrated Networks in the province. For us, we're seeing the number of people we're caring for increasing every year," she said. "We're there now and doing the best we can."

allan.benmer@sunmedia.ca

4 Most people want to stay in their homes. Before you consider whether or not you want to live in a long-term care home, you want to make sure you have maximized all your community resources."

Barbara Busing, vice-president of clinical operations for the local Community Care Access Centre

■ **SANDMAN:** Private Coast Guard Auxiliary operates out of Sugarloaf Harbour



DAVE JOHNSON Staff Photo

Sandman's founder, Dan Pellerin, said boaters need to pay attention to the weather when it comes to Lake Erie.

Boats will break down

DAVE JOHNSON
InPort News Staff

PORT COLBORNE — If there's one piece of advice Dan Pellerin would give boaters it would be always check the weather before heading out for a day on the water.

"Lake Erie has been known to blow up suddenly, causing large waves," said Pellerin, the commander of *Sandman*, a Canadian Coast Guard Auxiliary private unit.

Pellerin, an active member of the auxiliary for more than 25 years, would also advise boaters to check all mechanical, electrical and safety equipment, have the proper personal flotation devices for each person aboard, know the rules of the waterways, tell someone responsible where

they plan to go and for how long, call those people once they're off the water, have a VHF radio and licence.

"You should always know where you are on the lake. Should you need assistance, rescuers will know where to start looking. Reading a chart and marking your position or the use of a GPS is a great tool to give your exact position. If planning for a longer trip on the water, always file a trip plan with the coast guard."

Pellerin said boating is a fun and relaxing activity and taking a few extra minutes to ensure a boat is seaworthy to prevent breakdowns and the need for assistance — from units such as *Sandman* or *POCOMAR* — is something people should always do.

see **BOATING** | page 26



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Sandman, a private unit with Canadian Coast Guard Auxiliary, took part in a search and rescue exercise earlier this year on Lake Erie. The rescue unit stood by while a CH146 Griffon hoisted SAR-Techs on board

DAVE JOHNSON Staff Photo

■ BOATING

Sandman a backup for POCOMAR

FROM PAGE 25

Sandman, he said, is a custom-built welded aluminum boat, 24 feet long with an eight-foot beam and has an enclosed wheelhouse providing crew protection in bad weather. The boat cruises at 20 knots with a 10-hour endurance and operates out of Sugarloaf Harbour Marina.

"In 2000, at the request of coast guard auxiliary, I was asked if I would be interested in adding my vessel as a private unit to provide backup for POCOMAR (Port Colborne Marine Auxiliary Rescue unit). The auxiliary comprises private units of facility owners and community units. Private units account for 70% of the units in Central and Arctic Region (Ontario, Manitoba, Saskatchewan, Alberta and Northwest Territories). In the 1970s, when the Coast Guard Auxiliary was formed, the vision was to have fellow boaters assist other boaters in need, hence private units."

Pellerin said private units are self-funded with the owners covering all operating costs, fuel, insurance, dockage, maintenance and equipment.

The five-man Sandman crew has experience ranging from four to 13 years. Pellerin has the most experience and was the first coxswain when POCOMAR formed in 1988.

"Since then, I have personally responded and assisted to over 200 taskings. I am a certified search and rescue instructor as well as SARX evaluator. I've been involved in International (search and rescue) competitions, where the best of Canada compete against the best of the U.S.A."

He said Sandman crew members meet monthly in the winter months to review search patterns, plotting, collision regulations, boating etiquette, crew safety and more.

"During the summer months, we meet weekly, conducting on-water training, involving PIW (person in water) drills, search patterns, navigation, towing and so on. In partnership with the Port Colborne Power and

During the summer months, we meet weekly, conducting on-water training, involving PIW (person in water) drills, search patterns, navigation, towing and so on. In partnership with the Port Colborne Power and Sail Squadron, we conduct Recreational Vessel Courtesy Check to ensure a boater's vessel has met the necessary requirements for proper safety equipment according to Transport Canada."

Dan Pellerin, Sandman commander

Sail Squadron, we conduct Recreational Vessel Courtesy Check to ensure a boater's vessel has met the necessary requirements for proper safety equipment according to Transport Canada."

"As well, we educate the boater on the different methods to get assistance, if needed, for example using their VHF radio to call Prescott Coast Guard Radio or dialing "16 on their cellphones."

He said the unit is in service in early April and hauls out in mid-November. The unit responds to between six and eight calls a year, though Pellerin said a good year would be no calls at all.

"Boats will break down and boaters will make navigation errors. Over the years, I have found that the leading cause of tasking (responding to a call) is mechanical breakdown, either engines or lower units and the occasional running out of fuel. It's not that the boaters are not maintaining their vessels, it's more the case of if it's mechanical it will eventually break down."

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Gators swamped with praise

InPort News Staff

Following are the school and team athletic awards presented Monday at Lakeshore Catholic High School's assembly:

SCHOOL AWARDS

Female athlete of the year: Gina Gambin

Male athletic of the year: Patrick Stairs

Junior female athlete of the year: Haley Kravics

Junior male athlete of the year: Danny Gambin

TEAM AWARDS

Badminton: Benson Men, junior MVP: Kymna Marr, Nick Sardella, midjet MVPs: Frankie Franck, Brandon Hall, Cole Scarlett, Justin Torok, most improved players: Jens Farnsworth, Jade Muelboom,

most dedicated players

Basketball, junior boys: Bailey Moreau, MVP: Joe Carbone, Gator Award: Joshua Mosley, Justin Schulz, Spirit Award

Basketball, senior boys: Austin Weiss, Gator Award

Basketball, junior girls: Jordan Badaway, MVP: Hanna Shoalts, rookie of the year: Kyra Dekoe, Gator Award: Olivia Riegehr, Spirit Award

Basketball, senior girls: Mackenzie Klauks, Alyssa Kramer, Amanda Shoalts, Kelsey Tuner, Gator Award

Baseball: Joshua Kuderuin, MVP: Nicholas Cook, Matt Walker, rookies of the year

Cheerleading, junior: Rachel Khairallah, rookie of the year; Madison Lastovka, most

dedicated

Cheerleading, senior: Brittney Agius, most valuable cheerleader: Kaidyn Barton, Leadership Award: Tasha Eiden, Spirit Award

Cross-country: Allie Reddon, Leadership Award: Courtney McKee, Eric Stoop, perseverance; Chandler Ladd, Spirit Award

Figure skating, senior: Kyla Roberts, Interpretive skater of the year

Football, junior: Danny Gambin, MVP: Scott Powers, top lineman; Jo Carbone, rookie of the year; Colton James, Leadership Award

Football, senior: Matthew Babin, defensive MVP; Jeremy Snyder, offensive MVP; Tanner Demers, top lineman; Mackenzie Jones, rookie of the year

Golf, junior: Nolan Van Kalkreuth, most improved golfer

Golf, senior: Drew Athoe, most valuable golfer

Hockey, junior boys: Tanner Lyns, Mike Musotti, Hunter Ryan, Dalton Tartaglia, Gator Award

Hockey, senior boys: Ryan Borgatti, Peter Denardi, Frankie Franck, Kelly McNeil, Gator Award

Hockey, junior girls: Megan Delay, MVP: Alexis Murdoch, most dedicated

Hockey, senior girls: Jocelyn Topp, Leadership Award; Stephanie Flagg, Spirit Award; Lacrosse: Ryan Borgatti, Connor Campbell, Tyler Jackson, Patrick Stairs

Rowing, junior: David Moore, oarsman of the year; Emily Taylor, oarswoman of the year

Rowing, senior: Ryan Mullins, oarsman of the year; Cloy Weaving, oarswoman of the year; Rugby: Val Bowyer, Taryn

Edmondson, Chandler Infurna, Jon Roscoe, Gator Award

Soccer, junior boys: Hunter Ryan, all-around player; Alam Burgos, rookie of the year; Dorian Layne, Leadership Award; Angel Ramirez Diaz, Spirit Award

Soccer, senior boys: Cole Scarlett, Josh Winger, Gator Award

Soccer, junior girls: Kaitlyn Bittner, Danielle Dupont, Gabby McKinnon, Alexis Murdoch, Gator Award

Soccer, senior girls: Christina Cottone, Sam Mascari, Alyssa O'Brien, Jessica Schlus, Gator Award

Softball: Junior: Sarah Burd, Bridget Fernandes, Gator Award

Softball, senior: Anna Pett, Gator Award

Tennis, junior: Robbie Sherwood, MVP: Anthony

Infurna, Benson Men, Spirit Award

Tennis, senior: Jacob Attrill, Stephen Malcolm, MVPs

Track and field, junior: Samantha Ramirez, perseverance

Track and field, senior: Quinton Jarrett, Amanda Reid, Leadership Award; Adam McLeod, Spirit Award

Volleyball, junior boys: Austin Greaves, Anthony Infurna, Gator Award

Volleyball, senior boys: Chris Grey, Anthony Massolin, Gator Award

Volleyball, junior girls: Alyssa Goeder, MVP; Gabby McKinnon, rookie of the year; Nikki Passero, Spirit Award

Volleyball, senior girls: Ashley Dockrill, most improved player; Jackie Franck, Leadership Award; Darien Lynds, most dedicated

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This coming from a customer who had tried every other natural remedy under the sun in the past few years to take away her pain. Ian, the owner of The Healthy Cupboard couldn't believe his ears. He had finally found the perfect product to stop his customer's miseries. This is what every owner of a health food store dreams about, a natural product that receives so many outstanding testimonials on such a wide variety of health issues. "I had recommended a new product called LeafSource, which we recently started carrying. We have had tremendous success with this product, and almost everyone we have recommended it to over the last few months has come back and thanked us over and over again," said Ian. Before trying LeafSource, the woman had complained about her ongoing joint pain and was at her wit's end. Although she had experienced some relief through the numerous natural remedies she had tried over the years, the pain would never fully go away. "She returned to my store, in tears, less than one week after buying LeafSource. I didn't know what to make of this woman standing in front of me crying, until she told me that within a few days of taking LeafSource her pain started to disappear and within a week it was completely gone – as if it was never there," Ian goes on, "This coming from a woman whose painful joints and ongoing sciatica were so bad just one week earlier, that the pain was unbearable but now has completely subsided." By now you are probably

wondering what is LeafSource and why is it so effective? LeafSource is a 100% natural product derived from a proprietary organic mineral composite with over ten years of university research. LeafSource helps regulate the inflammatory process and the body's ability to repair itself. The vast majority (70 - 80%) of the population over the age of 50 have joint problems — often called osteoarthritis. This is due to the natural (or unnatural) wear and tear on joint tissue that develops through the aging process. With joint inflammation, movement is limited and pain can be constant. LeafSource seems to have the ability to help people get their mobility and zest for life back. Millions of people seek treatment for their joint and inflammation problems by resorting to expensive, toxic prescription drugs (i.e. NSAIDs) with multiple side effects. These range from nausea and vomiting to serious intestinal disorders (bleeding, gas, pain) and even kidney and liver failure. Isn't that too large a price to pay for a little pain relief? LeafSource is a safe alternative to these destructive anti-inflammatory drugs that cause more problems than they solve. There are absolutely no side effects and it doesn't interfere with any other medications. Controlled experiments and observations have revealed that LeafSource is a potent anti-inflammatory that has been shown to bring a reduction to inflammation and pain within a few days. People notice great results in terms of more energy and less pain by taking

anywhere from 2 to 6 capsules/day. Typical maintenance is usually 1 capsule twice daily. This product gets results! LeafSource is scientifically validated through more than 10 years of research at 4 universities, including the Department of Pharmaceutical Sciences, Mercer University. Aside from its incredible anti-inflammatory and pain reducing ability, it has also been shown to improve the performance of your daily nutrition and vitamin programs. It helps increase the absorption of vital nutrients, which in turn helps these nutrients work better. Better absorption = better results! It's almost as if they have become supercharged! LeafSource has also been shown to help enhance energy levels, improve intestinal health, strengthen hair, skin and nails and improve immune function. To see someone go from intense pain to a new lease on life within a week is truly incredible. Imagine being able to move freely without pain. Who wouldn't want to get out of bed in the morning with more energy? It's amazing how much of this stuff we take for granted, until it's gone! Ian adds, "I often recommend that LeafSource be taken with other natural joint products in order to help them work better and provide even faster relief. One of the things I hear most often from people who have tried LeafSource is they just plain feel better, have more energy and less pain. We're so confident, we guarantee LeafSource 100%! That alone should be enough to try this incredible product."

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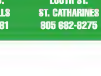
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